

MONDAY, OCTOBER 26

YELLOW RICE

STEAMED BROCCOLI

TOSCAN POTATOES

ROASTED MUSHROOMS

NEW YORK STEAK W/ STEAK SAUCE

BAKED JERK CHICKEN WINGS

BAKED SALMON W/ BEURRE BLANC SAUCE

ROASTED PORK SHOULDER W/ ADOVO SAUCE

CHOCOLATE BANANA BREAD PUDDING

PASTA

CHEESE RAVIOLIS

PASTA GARLIC CREAM

SOUPS

BEEF & CABBAGE

CREAM OF BROCCOLI

TUESDAY, OCTOBER 27

MUSHROOM RICE

POTATO GRATIN

GRILLED ASPARAGUS

STEAMED CAULIFLOWER

GRILLED PORK CHOPS W/ APPLE SAUCE

BAKED TILAPIA W/ FRIED ONIONS

GRILLED CHICKEN

GRILLED STEAK W/ PEPPERS

PASTA

LENGUINI MARINARA PASTA

MAC & CHEESE

MUSHROOM RAVIOLIS

SOUPS

TORTILLA SOUP

CAULIFLOWER PUREE