

MONDAY, JULY 22ND 2019

CAFÉ MENU:

SPINACH RICE

GARLIC MASHED POTATOS

CORN ON COB

STEAMED BRUSSEL SPROUTS

SWEET CHILLI CHICKEN

PORK CHOP STEW

GRILLED HANGER STEAK W/RED WINE
REDUCTION

BAKED TILAPIA W/LEMON&CAPERS

GRILLED VEGETABLE RAVIOLIS W/MARINARA
SAUCE

FETTUCCHINE ALFREDO

DESSERT:CHOCOLATE BANANA PUDDING

SOUP OF THE DAY:ESCAROLE AND BEAN SOUP

TUESDAY, JULY 23RD 2019

CAFÉ MENU:

MEXICAN RICE

LAMB-STUFFED POTATO SKIN

STEAMED BROCCOLI

SPRING MIXED VEGETABLES

CHICKEN AND POBLANO PEPPERS

BEEF ALAMBRE W/CACTUS SALAD

BASA A LA VERACRUZANA

PORK RIBS W/SALSA VERDE

CHEESE RAVIOLIS W/DIABLO SAUCE

SHRIMP-CHIPOTLE LINGUINE

DESSERT:MIXED BERRY CAKE

SOUP OF THE DAY:BLACK BEAN SOUP

WEDNESDAY, JULY 24TH 2019

CAFÉ MENU:

VEGETABLE RICE PILAF

ROSEMARY ROASTED POTATOS

CHEESY RICE BALLS

EGGPLANT PARMESAN

CHICKEN MARSALA

MEATBALLS W/MARINARA SAUCE

SAUSAGE & PEPPERS

PANKO AND ROSEMARY CRUSTED COD FISH
W/CITRUS SAUCE

MANICOTTI W/MARINARA SAUCE

BAKED ZITI

PENNE A LA VODKA

SOUP OF THE DAY:MINISTRONE SOUP

THURSDAY, JULY 25TH 2019

CAFÉ MENU:

BASMATI RICE

STEAMED CAULIFLOWER

CHICKPEA STEW

ROASTED EGGPLANT CURRY

CHICKEN CURRY

LAMB TIKKA MASALA

TURKEY POT PIE

BAKED HADDOCK W/MANGO SALAD

SPINACH RAVIOLIS W/LIGHT GARLIC CREAM

SAMOSAS

PESTO PASTA W/CHICKEN

SOUP OF THE DAY: COCONUT CARROT SOUP

FRIDAY, JULY 26TH 2019

CAFÉ MENU:

VEGETABLE WHITE RICE

PAPAS BRAVAS

STRING BEANS

CANDIED CARROTS

FRIED CHICKEN

GRILLED HOT DOG

ROASTED PORK W/PORK GRAVY

BAKED FLOUNDER W/BUERRE BLANC

MUSHROOM RAVIOLIS W/MUSHROOM GRAVY

STUFFED SHELLS W/MARINARA SAUCE

DESSERT:PINEAPPLE UP-SIDE-DOWN CAKE

SOUP OF THE DAY:CHICKEN DUMPLING