

TUESDAY, OCTOBER 15TH 2019

CAFÉ MENU:

YELLOW VEGETABLE RICE

CREAMY MASHED POTATO

STEAMED BROCCOLI

MIXED VEGETABLES

JERK CHICKEN

ROASTED PORK SHOULDER W/ADOBO SAUCE

ROSEMARY SKIRT STEAK W/DEMI GLACE

BAKED FLOUNDER W/LEMON CREAM SAUCE

CHEESE RAVIOLIS W/MARINARA SAUCE

MEZZE PASTA W/CREAMY GARLIC

BANANA BREAD PUDDING

SOUPS OF THE DAY:CHICKEN TORTILLA SOUP AND
CREAM OF BROCCOLI

WEDNESDAY, OCTOBER 16TH 2019

CAFÉ MENU:

MUSHROOM RICE

CANDIED CARROTS

FRIED OKRA

ROSEMARY ROASTED POTATOES

GRILLED CHICKEN W/TOMATO SAUCE

ROASTED TURKEY W/MUSHROOM SAUCE

NY STEAK W/CHIMICHURRI

HADDOCK W/LEMON CAPERS

RAVIOLI SHORTRIBS W/RED WINE SAUCE

TORTILLINI PESTO

APPLE CRUMB PIE

SOUPS OF THE DAY: CORN CHOWDER SOUP

AND CHORIZO & POTATO SOUP

THURSDAY, OCTOBER 17TH 2019

CAFÉ MENU:

EGG FRIED RICE

SWEET POTATOES

FRIED VEGETABLES

SESAMI GREEN BEANS

SESAME TERIYAKI CHICKEN

SWEET CHILLI PORK LOIN

BEEF AND BROCCOLI

MISO GLAZED COD

LOBSTER RAVIOLI W/LOBSTER SAUCE

CHICKEN DUMPLING

VEGETABLE LO MEIN

SOUPS OF THE DAY:LOBSTER SOUP AND EGG

DROP SOUP

FRIDAY, OCTOBER 18TH 2019

CAFÉ MENU:

DIRTY RICE

GRILLED ZUCCHINI

ROASTED CARROTS AND CAULIFLOWER

CREAMY AU GRATIN POTATOES

CHICKEN FRANCESE

PEPPER STEAK

PAN SEARED PORK CHOPS W/PINEAPPLE SAUCE

SEA BASS W/BEURRE BLANC

CREAMY MAC AND CHESSE

SAUSAGE BUCATINI W/MARINARA SAUCE

GRILLED VEGETABLE RAVIOLIS W/VODKA
SAUCE

SOUPS OF THE DAY: SMOKED TOMATO SOUP
AND ITALIAN WEDDING SOUP