

OCTOBER 4TH ,MONDAY 2019

CAFÉ MENU:

YELLOW RICE W/VEGETABLES

ROASTED MUSHROOMS

CREAMY MASHED POTATOES W/GARLIC GRAVY

SAUTEED GREEN BEANS

TARRAGON CHICKEN

ROASTED LOIN OF PORK W/GRAVY

BEEF STEW

BAKED LEMON BUTTER FLOUNDER

CREAMY CHEESE RAVIOLIS W/DIABLO SAUCE

CREAMY SPINACH FETTUCCHINE W/GARLIC CREAM

BANANA BREAD PUDDING W/CHOCOLATE CHIPS

SOUPS OF THE DAY:CHICKEN GUMBO SOUP

&VEGETABLE LEEK SOUP

OCTOBER 5TH ,TUESDAY 2019

CAFÉ MENU:

PILAF RICE

RATATOUILLE

ROSEMARY ROASTED POTATOES

EGGPLANT ROLLATINI W/MARINARA SAUCE

CHICKEN MARSALA

CILANTRO-LIME HANGER STEAK

TURKEY MEATLOAF W/MUSHROOM GRAVY

PANKO COD W/BUERRE BLANC SAUCE

SPINACH STRUDEL

BAKED ZITI

STUFFED SHELLS W/VODKA MARINARA SAUCE

SOUPS OF THE DAY:ORZO SPINACH SOUP &
CHICKEN DUMPLING SOUP

OCTOBER 6TH , WEDNESDAY 2019

CAFÉ MENU:

GANDULES RICE

GOLDEN ROASTED PLANTAINS

ROASTED BUTTERNUT SQUASH

STILLER YUCA W/PICKLES & ONIONS

CHIPOTLE CHICKEN

ROASTED PERNIL W/PICO DE GALLO

BRAISED OXTAIL

TILAPIA ESCABECHE

PASTA SHELLS FLORENTINE

VEGETABLE RAVIOLIS W/CHIPOTLE SAUCE

APPLE CRUMB PIE

SOUPS OF THE DAY: VEGETABLE BLACK BEAN
SOUP & MEXICAN MEATBALL SOUP

OCTOBER 7TH ,THURSDAY 2019

CAFÉ MENU:

WILD VEGETABLE RICE

MIXED VEGETABLES

STEAMED BEANS

SAUTEED BRUSSELS SPROUTS AND SHALLOTS

BBQ CHICKEN DRUMSTICKS

BBQ BRISKET

BBQ PORK RIBS

SALMON W/LEMON BUTTER SAUCE

MAC & CHEESE

MUSHROOM RAVIOLIS W/MUSHROOM CREAM

JALAPENO CORNBREAD

SOUPS OF THE DAY:SMOKED TOMATO SOUP AND
CORN CHOWDER SOUP

OCTOBER 8TH ,FRIDAY 2019

CAFÉ MENU:

PRIMAVERA RICE

STEAMED ASPARAGUS

ROASTED CORN

BAKED POTATO WEDGES

FRIED CHICKEN

GRILLED HOT DOG

BREADED PORK CHOPS

COD W/TZATZIKI SAUCE

SPINACH RAVIOLIS W/SPINACH CREAM

LINGUINI W/MARINARA SAUCE

MIXED BERRY CAKE

SOUP OF THE DAY:ESCAROLE SOUP & CHICKEN

LENTIL SOUP