

TUESDAY, NOVEMBER 12TH 2019

CAFÉ MENU:

PRIMAVERA RICE

CREAMY GARLIC MASHED POTATOES

GRILLED ZUCCHINI

STEAMED CAULIFLOWER

BBQ CHICKEN

BEEF STEW

ROASTED PORK SHOULDER W/HABANERO SAUCE

TILAPIA W/CITRUS SAUCE

CHEESE RAVIOLIS W/MARINARA SAUCE

PASTA CARBONARA

BANANA BREAD PUDDING

SOUPS OF THE DAY:

BEEF CABBAGE SOUP

SAUSAGE TORTELLINI SOUP

WEDNESDAY, NOVEMBER 13TH 2019

CAFÉ MENU:

SAFRON RICE

STEAMED BROCCOLI

MIXED VEGETABLES

CREAMY MASHED POTATOES

STUFFED QUINOA CHICKEN W/CRANBERRY SAUCE

HANGER STEAK W/CHIMICHURRI SAUCE

TURKEY POT PIE

BAKED COD W/GARLIC CREAM

VEGETABLE RAVIOLIS W/DIAVOLO SAUCE

BUCATINI & MEATBALLS

APPLE CRUMB CAKE

SOUPS OF THE DAY:

CHICKEN GUMBO SOUP

ITALIAN ORZO SPINACH SOUP

THURSDAY, NOVEMBER 14TH 2019

CAFÉ MENU:

VEGETABLE RICE

ROSEMARY POTATOES

STEAMED ASPARAGUS

EGGPLANT PARMESAN

CHICKEN PARMESAN

SAUSAGES & PEPPERS

MEATBALLS

ROASTED COD W/ARTICHOKES

BAKED ZITI

LOBSTER RAVIOLIS W/BUTTERNUT SQUASH SAUCE

PENNE ALLA VODKA

SOUPS OF THE DAY:

ITALIAN WEDDING SOUP

BUTTERNUT SQUASH SOUP

FRIDAY, NOVEMBER 15TH 2019

CAFÉ MENU:

YELLOW RICE

ROASTED MUSHROOMS

GREEN BEANS

ROASTED BACON POTATOES

SPINACH & FETA STUFFED CHICKEN W/SPINACH GRAVY

TEQUILA LIME FLANK STEAK W/RED WINE REDUCTION

PORK TENDERLOIN W/PICO DE GALLO

FLOUNDER W/LEMON CAPER SAUCE

MAC & CHEESE

CREAMY SPINACH RAVIOLIS

PINEAPPLE UPSIDE – DOWN CAKE

SOUPS OF THE DAY:

CORN CHOWDER SOUP

MUSHROOM CREAM SOUP