

MONDAY, JANUARY 27TH 2020

CAFÉ MENU:

RICE W/VEGETABLES

MIXED VEGETABLES

STEAMED BROCCOLI

POTATO GRATIN

JERK CHICKEN

PEPPER STEAK

SAUSAGE & PEPPERS

COD W/LEMON & CAPERS

MAC & CHEESE

MUSHROOM RAVIOLIS W/MUSHROOM CREAM

PEANUT BUTTER BREAD PUDDING

SOUPS OF THE DAY:

SPINACH ORZO SOUP

CHICKEN GUMBO SOUP

TUESDAY, JANUARY 28TH 2020

CAFÉ MENU:

RICE PILAF

STEAMED ASPARAGUS

STUFFED POTATOES W/BROCCOLI & CHEESE

STEAMED CAULIFLOWER

CREAMY PESTO CHICKEN

MEATBALLS W/MARINARA SAUCE

ROASTED TURKEY W/MUSHROOM GRAVY

FLOUNDER W/PEPPERS & ONIONS

SPINACH RAVIOLIS W/SPINACH CREAM

PASTA SHELLS W/ALFREDO

MIXED BERRY CAKE

SOUPS OF THE DAY:

BLACK BEAN SOUP

ZUPPA TOSCANA SOUP

WEDNESDAY, JANUARY 29TH 2020

CAFÉ MENU:

WHITE RICE

ROASTED CORN

GRILLED ZUCCHINI

YUCA

GRILLED CHICKEN

SHORT RIBS W/RED WINE REDUCTION

PORK LOIN ROASTED W/PECAN & APPLE SAUCE

TILAPIA W/SMOKED TOMATO CREAM

PRIMAVERA PASTA

CHEESE RAVIOLIS W/MARINARA SAUCE

APPLE CRUMB PIE

SOUPS OF THE DAY:

WINTER SOUP

VEGETABLE ORZO SOUP

THURSDAY, JANUARY 30TH 2020

CAFÉ MENU:

WILD RICE

CANDIED CARROTS

ROASTED POTATOES

GREEN BEANS W/SESAME

BBQ CHICKEN

BBQ BRISKET

BBQ PORK CHOPS

HADDOCK W/GARLIC CREAM

SHORT RIB RAVIOLIS W/DEMI GLACE

MAC & CHEESE

BISQUETS

SOUPS OF THE DAY:

SPLIT PEA SOUP

CHICKEN TORTILLA SOUP

FRIDAY, JANUARY 31ST 2020

CAFÉ MENU:

YELLOW RICE

ROASTED SWEET POTATOES

STEAMED BROCCOLI

CAULIFLOWER GRATIN

LEMON CHICKEN

NY STEAK W/CHIMICHURRI

TURKEY MEATBALLS W/VEGETABLE GRAVY

BASA W/ROASTED PEPPER CREAM

STUFFED SHELL CARBONARA

SHRIMP SCAMPI LINGUINI W/WHITE WINE SAUCE

PINEAPPLE UPSIDE - DOWN CAKE

SOUPS OF THE DAY:

POTATO LEEK SOUP

MEXICAN MEATBALL SOUP