

TUESDAY, FEBRUARY 18TH 2020

VEGETABLE RICE

STEAMED BROCCOLI

STUFFED POTATOES

MIXED VEGETABLES

JERK CHICKEN

GRILLED HANGER STEAK W/CILANTRO SAUCE

BASA W/ROASTED CREAM PEPPER

ROASTED PORK LOIN W/GRAVY

VEGETABLE RAVIOLIS W/MARINARA SAUCE

MUSHROOM CREAM PASTA

BANANA BREAD PUDDING

SOUPS OF THE DAY:

CHICKEN GUMBO SOUP

LENTIL SOUP

WEDNESDAY, FEBRUARY 19TH 2020

CORN RICE

GRILLED ZUCCHINI

ROSEMARY POTATOES

STEAMED CAULIFLOWER

ROASTED TURKEY W/GRAVY

BEEF BOURGUIGNON

SAUSAGES AND PEPPERS

COD W/ARTICHOKE

BUTTER SQUASH RAVIOLIS W/ALFREDO

BAKED ZITI

APPLE CRUMB

SOUPS OF THE DAY:

CORN CHOWDER SOUP

MEXICAN MEATBALL SOUP

THURSDAY, FEBRUARY 20TH 2020

WHITE RICE

STEAMED ASPARAGUS

ZUCCHINI AND CORN

CREAMY MASHED POTATOES

BBQ CHICKEN

BBQ PORK RIBS

BBQ BRISKET

HADDOCK W/PEPPERS AND ONIONS

LOBSTER RAVIOLIS W/BUTTERSQUASH

MAC AND CHEESE

JALAPENO CORNBREAD

SOUPS OF THE DAY:

SPINACH ORZO SOUP

TUSCANA SOUP

FRIDAY, FEBRUARY 21ST 2020

YELLOW BROCCOLI RICE

POTATOES GRATIN

ARTICHOKES AND PEPPERS

CANDIED CARROTS

CREAMED SPINACH CHICKEN

PORK CARNITAS

FLANK STEAK W/RED WINE REDUCTION

TILAPIA W/CITRUS

CHEESE RAVIOLIS

ALFREDO PASTA

MIXED BERRY CAKE

SOUPS OF THE DAY:

MANHATTAN CLAM CHOWDER SOUP

CORN CHOWDER SOUP