

MONDAY, MARCH 2ND 2020

CAFÉ MENU:

RICE AND BEANS

GRILLED ZUCCHINI

ROASTED POTATOES W/HAM

VEGETABLE LASAGNA

JERK CHICKEN

BEEF STEW

GRILLED PORK CHOPS

FLOUNDER W/ARTICHOKE

SHORTTRIB RAVIOLI W/DEMI GLACE

CHIPOTLE PASTA

BANANA BREAD PUDDING

SOUPS OF THE DAY:

LENTIL SOUP

BEEF CABBAGE SOUP

TUESDAY, MARCH 3RD 2020

CAFÉ MENU:

JAMBALAYA RICE

CREAM OF SPINACH

ROASTED SWEET POTATOES

STEAMED CAULIFLOWER

GRILLED CHICKEN THIGHS W/TOMATO & CUCUMBER
SALAD

GRILLED HANGER STEAK W/WATERMELON SALAD

SAUSAGES AND PEPPERS

HADDOCK W/LEMON AND CAPERS

MANICOTTI W/MARINARA

MAC AND CHEESE

CORN BREAD

SOUPS OF THE DAY:

TOMATO CANNELLINI SOUP

CREAMY BASIL PARMESAN SOUP

WEDNESDAY, MARCH 4TH 2020

CAFÉ MENU:

YELLOW RICE

STEAMED ASPARAGUS

STUFFED PEPPERS W/MEAT

MASHED POTATOES W/GRAVY

CHICKEN MARSALA

PEPPER STEAK

PAN SEARED PORK CHOPS W/CHIPOTLE

COD W/NEW ENGLAND CHOWDER SAUCE

PENNE ALLA VODKA

RISOTTO BALLS W/MARINARA SAUCE

MIXED BERRY CAKE

SOUPS OF THE DAY:

BUTTERNUT SQUASH SOUP

MOROCCAN CHICKPEA SOUP

THURSDAY, MARCH 5TH 2020

CAFÉ MENU:

GANDULES RICE

PLANTAINS

GRILLED CORN AND CARROTS

BLACK BEAN STEW

ROASTED CHICKEN LEG

PERNIL W/ADOBO SAUCE

OXTAIL

TILAPIA W/PINEAPPLE SAUCE

CHEESE RAVIOLIS W/DIABLO SAUCE

CREAMY MUSHROOM AND SPINACH PASTA

UPSIDE-DOWN PINEAPPLE CAKE

SOUPS OF THE DAY:

SPLIT PEA SOUP

SAUSAGE TORTELLINI SOUP

FRIDAY, MARCH 6TH 2020

CAFÉ MENU:

SHRIMP RICE

MIXED VEGETABLES

STEAMED BROCCOLI

POTATO GRATIN

LEMON CHICKEN

BEEF STROGANOFF

PANKO COD W/BUERRE BLANC

BAKED BASA W/PINEAPPLE SALAD

MAC AND CHEESE

RAVIOLI W/GOAT CHEESE AND SUNDRIED TOMATO

APPLE CRUMB PIE

SOUPS OF THE DAY:

POTATO LEEK SOUP

LOBSTER BISQUE SOUP