



SPANISH RICE

ROASTED BRUSSEL SPROUTS

STEAMED MIX VEGETABLES

BAKED HADDOCK ALMONDINE

CHICKEN FLORENTINE

PORK CARNITAS

CHEESE RAVIOLIS W/MARINARA SAUCE

GRILLED CHICKEN PESTO PASTA

Soup of the Day

BEEF CHILI
VEGGIE CHILI
CHICKEN NOODLE
TURKEY CHILI
YELLOW SPLIT PEA









SPINACH RICE

GRILLED ASPARAGUS

ROASTED BUTTERSQUASH

GRILLED SALMON W/ARTICHOKE SAUCE

ROASTED LEMON CHICKEN

SAUSAGE & PEPPERS

PASTA PRIMAVERA

MUSHROOM RAVIOLIS W/MUSHROOM SAUCE

Soup of the Day

BEEF CHILI
VEGGIE CHILI
CHICKEN NOODLE
TURKEY CHILI
BEEF BARLEY









VEGETABLE RICE

MASHED POTATOES

ROASTED GARLIC BROCCOLI

BAKED COD W/CAPER SAUCE

CHICKEN STEW W/POTATOES & CARROTS

BRAISED SHORT RIBS IN BURGUNDY SAUCE

LINGUINE W/CLAM SAUCE

SHRIMP & SCALLOP RAVIOLI W/LIMONCELLO SAUCE

Soup of the Day

BEEF CHILI
VEGGIE CHILI
CHICKEN NOODLE
TURKEY CHILI
CHICKEN GUMBO









Thursday January 25th 2024



MUSHROOM RICE

ROASTED BABY CARROTS

BAKED EGGPLANT ROLLATINI

BAKED TILAPIA W/LEMON BUTTER SAUCE

SCOTTISH DEVILED CHICKEN

GRILLED HANGER STEAK W/CHIMICHURRI SAUCE

TRI-COLOR TORTELLINI W/MARINARA SAUCE

PENNE ALLA VODKA

Soup of the Day

BEEF CHILI

VEGGIE CHILI

CHICKEN NOODLE

TURKEY CHILI

BROCCOLI CHEDDAR









RICE & BEANS

ROSEMARY POTATOES

MIXED VEGETABLES

BAKED HADDOCK W/LEMON BUTTER SAUCE

CHICKEN FRANCESE

GRILLED SKIRT STEAK W/RED WINE REDUCTION

RIGATONI BOLOGNESE

CHEESE RAVIOLIS W/MARINARA SAUCE

Soup of the Day

BEEF CHILI

VEGGIE CHILI

TURKEY CHILI

CHICKEN NOODLE





