

Tuesday October 14th, 2025

**Cilantro Rice**

**Steamed Broccoli & Cauliflower**

**Mashed Potatoes**

Garlic Oil

**Baked Salmon**

Roasted Red Pepper Coulis

**Chipotle Chicken**

**Pan-Seared Flank Steak**

Demi-Glace Sauce

Soup of the Day

**Chicken Noodle**



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**MENU!**

**MENU!**

**MENU!**



Wednesday October 15th, 2025

**Yellow Rice**

**Sautéed Mushrooms**

White Wine & Garlic

**Roasted Brussel Sprouts**

Ponzu Sauce

**Pan-Seared Cod**

Cherry Tomatoes, Brown Butter &

Toasted Almonds

**Golden Crispy Chicken**

Parmesan Mushroom Sauce

**Grilled Flank Steak**

Chipotle Sauce

Soup of the Day

**Chicken Noodle**



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Thursday October 16th, 2025

**Vegetable Rice**

**Roasted Rainbow Candied Carrots**

**Tuscan Roasted Cauliflower**

**Bang Bang Salmon**

**Lemon Pepper Chicken**

**Grilled Marinated Skirt Steak in  
Chipotle Jus**



Soup of the Day

**Chicken Noodle**

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Friday October 17th, 2025

**White Rice**

**Garlic Mashed Potatoes**

**Oven-Baked Parmesan Broccoli  
Cheetos**

**Mediterranean Skillet Flounder  
Cherry Tomatoes & Olives**

**Cheesy Garlic Butter Mushrooms  
Stuffed Chicken**

**Homemade Meatballs**

Soup of the Day

**Chicken Noodle**



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