

Monday October 20th, 2025

**Cilantro Rice**

**Mashed Potatoes**

Garlic Oil

**Lemon Oven-Roasted Asparagus**

**Baked Teriyaki Cod**

**Roasted Chicken**

**Grilled Hanger Steak**

Demi-Glace Sauce



Soup of the Day

**Chicken Noodle**

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**MENU!**

**MENU!**

**MENU!**



Tuesday October 21st, 2025

**Yellow Rice**

**French Green Beans Almondine**

**Cauliflower Gratin**

**Grilled Salmon**

**Salad Fresca**

**Spinach Achiote & Provolone**

**Chicken Wheels**

**Beef Wellington**

**Red Wine Sauce**

Soup of the Day

**Chicken Noodle**



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Wednesday October 22nd, 2025

**Vegetable Rice**

**Mixed Vegetables**

Garlic Oil & Herbs

**Stuffed Flounder**

Spinach & Crabmeat Caviar Beurre Blanc

**Cajun Chicken**

Garlic Creamy Sauce

**Grilled Skirt Steak**

Cilantro Chimichurri Sauce

**Roasted Pork**

Pickled Onions

Soup of the Day

**Chicken Noodle**



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Thursday October 23rd, 2025

**White Rice**

**Grilled Zucchini & Yellow Squash**

**Mashed Potatoes**

Gravy Sauce

**Oven-Roasted Salmon**

Succotash

**Pan-Seared Chicken Cordon Bleu**

Mustard Cream

**Grilled Hanger Steak**

Brown Sauce

Soup of the Day

**Chicken Noodle**



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Friday October 24th, 2025

**Coconut Rice**

**Roasted Candied Carrots**

**Cheese & Spinach Stuffed Mushrooms**

**Baked Cod**

Lemon & Garlic Sauce

**Chicken Alfredo**

**Beef Stew**

Soup of the Day

**Chicken Noodle**



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**MENU!**



**MENU!**

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